CLACTON URBAN DISTRICT COUNCIL.

The Chairman and Members of the Clacton Urban District Council.

Ladies and Gentlemen,

I have the honour of presenting my twentieth Annual Report on the health and sanitary conditions of the District for the year 1940.

The year has been the most exceptional in the history of the District and a most difficult one for all concerned in the work of its Government. During the first quarter of the year Clacton was a reception area and had to carry out all the extra duties which this entailed, during the second quarter it became a neutral area, and finally finished up in June as an evacuation area with only one fifth of its normal population left. A certain number, however, had returned by the end of the year; the estimated population then being about 7,000. The number of inhabited houses cannot be stated with any degree of accuracy and the sum represented by a penny rate is also uncertain, Like the report for 1939, that for 1940 will deal only with a few of the more essential matters leaving most of the records and statistics to be dealt with in a more comprehensive report at the end of the War.

Area (acres) 6,470
No. of Inhabited Houses Uncertain
Rateable Value £296,141
Sum represented by a penny rate
Population (Registrar General's
Estimate) 16,680

Ages at Death from all Causes. (Local Registrar)

Uı	nder 1	yes	r				5
1	year	and	under	2	years		2
2	H	19	19	5	11		1
5	11	tt	18	15	11		_
15	11	11	11	25	- 11		4
25	11	11	11	45	11		18
45	Ħ	11	11	65	11		50
65	years	and	upwar	rds			168
						Total	248
							-

Infant Mortality.

There were 5 infants deaths registered in the district 2 from Broncho Pneumonia, 2 from Congenital Heart Disease, and 1 from Premature Birth.

With the exception of a number of cases of Cerebrospinal Fever in the early part of the year, all of whom recovered, there was no unusual incidence of disease or of conditions affecting the public health.

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Table of the Causes of Death.

	rict For M	F
Respiratory Tuberculosis Other Tuberculosis Syphilitic Diseases Influenza Acute Encaphalitis Cancer of Uterus Cancer of Stomach and Duodenum Cancer of Breast Cancer of other sites	1 12 3 3	6 1 3 5
Diabetes Intra-cranial Vascular Lesions Heart Disease Other Circulatory Diseases Bronchitis Pneumonia Other Respiratory Diseases Ulcer of Stomach Other Digestive Diseases Nephritis Puerperal Sepsis Congenital Defects & Premature Bi Suicide Road Traffic Accidents Other Violent Deaths All Other Causes	6 8 6 1 3 1 2 2 4 1	1 9 34 9 6 3 1 4 3 1 3 13
Isolution Hospin	128	119

The Birth Rate for the year was 12.5, the Death Rate (Crude) 14.8 and corrected 11.1, and the Infant Mortality Rate 25 per 1,000 live births, There were 5 still births.

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Table of the Causes of Death.

	35	
Š Ž		Respiratory Tuberculosis
Ĩ.	***	other Tuberculesis
	L	Syphilitic Diseases
9	13	Tuffuenca
2011102	-	Acote Encephalitis
	-	Cancor of Utomas
8	e e	Cancer of Stomach and Duodenum
3	400	Cancer of Breast
		cancer of other sites
	8	Diabetes
7 1	OI	Intra-oranisl Vascular Losions
34	. es	Heart Disease
· ·	0	Other Circulatory Diseases
0	8	Proment tis
6	a	Preumonia
	8 8	Other Respiratory Diseases
	3	Ulcer of Stomach
	I	Other Directive Diseases
- 8	8	Hephritis
1	-	Puerperal Sepals
	2	Congenital Defects & Frenchise Sirth
		ebiolus
	7	Road Traffic Accidents
		Othor Violent Peaths
3.1	2.4	All Other Canaes
118	188	

The Sirth Rate for the year was 12.5, the Death rate (Clude 14.5 and corrected 11.1, and the intent Mortality Rate 25 per 1,000 live births. There were 5 atll1 births.

General Provision of Health Services.

There are several changes to record in the Public Health Staff. Mr Shadick who had been Sanitary Inspector for many years died at the end of 1939. Mr Norfolk, clerk in the Public Health Department joined the forces and we obtained a temporary lady clerk who left in June so that we had no clerical assistance during the latter half of the year. The Dental Surgeon, Mr Lewis and the Masseuse, Miss. Dawson, also left and the Maternity Home was closed, the staff of nurses being reduced to two who were taken over by the Essex County Council for District Work.

Coincident with the general evacuation all the nursing homes except one closed down and the private midwives left the town except two.

The staff consists of a part time Medical Officer of Health and two full time Sanitary Inspectors.

Infectious Disease 1940.

Disease	Total Notified	Admitted to Hospital	Total Deaths.
Small Pox	7 7046	THE REAL PROPERTY IN	Mary - Constructor to
Scarlet Fever	5	2	-
Diphtheria Enteric Fever	2	2	The state of the s
Puerperal Pyrexia	2	2	N TO THE RESERVE THE REAL PROPERTY.
Pneumonia	5	4	18
Erysipelas	7	A STATE OF THE STA	-
Chicken Pox	21	*	1 10 T
Cerebro-spinal Fever	9	9	100 - 100 miles
Measles	12	2	-

Isolation Hospital 1940.

The second second	Adm mi ted		Cur	Remain ing in Hospital	Scarl et Fe ver			Cerebro spinal Fever	Puerperal Pyrexia
lst. Quarter 2nd. Quarter 3rd. Quarter 4th. Quarter	9 5 - 1	1111	6 6 2 1	3 2	1 -	3 1 -	2	3 1 1	2
	15	-	15	5	2	4	2	45	2

General Provision of Health Barrices.

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Infectious Disease 1940.

Total	Admitted to Hospital	latoT belilitoM	Disease
	1040041100	- 6 4 2 2 2 3 3 1 3 1 2 1	Small Pox Diphtheria Diphtheria Enteria Fever Puerperal Pyremia Preumonia Vysipoisz Carabro-apinal Fever Dessies

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	3	G I	1 1 1 20	1 - 1		1 1 50 50	1860		-00	Quarter Quarter Quarter	2nd.
1	8	4	8				15	401	15		

Tuberculosis - New Cases and Mortality during 1940

N Satharda.		New	Cases		Deaths			
Age	Respiratory		Non Respiratory		Respiratory		Non Respiratory	
Periods.	M	F	M	F	M	F	M	F
0 1 5 15 25 35 45 55 65 and upwards	1 - 1 - 2 2 - 1 - 1	1 3 1 1 1 1 1	111111111111111111111111111111111111111	1 - 1 - 1	1 1 1 2 .	11111	1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1	
Totals	4	8	1	3	6	3	-	-

Of above, 4 left the District, 9 had treatment in Hospital or Sanitorum.

The total number of cases of Tuberculosis of all forms on the register at the end of the year was :-

(1)	male Female	10 21
(1)	lmonary Tuberculos Male Female	is 3

The total number on the register is less than usual the reason being that a certain amount of evacuation took place among the tuberculous who are normally resident in the District.

No action was required under the Public Health (Tuberculosis) Regulations 1925, or under section 172 of the Public Health Act 1936.

Infectious Disease.

The incidence of the usual infectious diseases was very low during the year and the only item of note is the appearance of 9 cases of Cerebro-spinal Fever, all of whom were sent to Hospital and recovered, no doubt as the result of modern methods of treatment. Cerebro-spinal Fever used to be a very fatal disease. The labotatory arrangements for the examination of pathological specimens continued with the Counties Public Health Laboratories but we also had the help of the

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-	1			-	*		9 -	35
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No sotion was required under the Public Health
(Tuborculosba) Regulations 1985, or under section like of

Infections Disease.

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Infectious Disease (cont)

Emergency Laboratory Service of the Medical Research Council particularly with regard to Gerebro-spinal Fever investigations and the inoculation of the inmates of Groom's Orphanage against Diphtheria.

Immunisation.

I Diphtheria.

During 1939 a number of cases of Diphtheria occurred among the inmates of Groom's Orphanage spread over the later part of the year. I therefore decided that the introduction of immunisation offered the best means of stamping it out. The Governors of the institution readily agreed and we werefortunate in obtaining the assistance of Dr. Peter Martin of the Colchester Subsidiary Laboratory, who carried out an extensive investigation and inoculated all the immates.

In the spring inoculation against diphtheria was offered to the children attending the Welfare Centre and some of the younger school children, the work being carried out by the Medical Officer of Health at the Welfare Centre, but it had no sooner got under way than it was cut short by an extensive evacuation of the population. It was resumed again in the autumn when some had returned. The method of treatment adopted during 1940 was that all children received ·1 c.c. of A.P.T. for the first dose, and ·5 c.c. of A.P.T. for a second dose with a four weeks interval between the injections. No schick tests were carried out. A form of consent signed by a parent is required in all cases and full records are kept.

The number of children treated during 1940, including those done at Grooms Orphanage was :-

Groom's Orphenage
Welfare Centre

114
94
208

In addition to the above fully immunised cases 82 received a first dose in December making a total of 290 treated during the year.

II Typhoid Fever.

Having regard to the possibility of contamination of the water supply as a result of enemy action, it was deemed advisable to pffer immunisation against typhoid fever to the A.R.P. personnel and such others of the public as desired this protection.

The following availed themselves of these facilities.

A.R.P. personnel 45 Others 29

Infectious Digesse (cont)

Emergency Laboratory Service of the Medical Research Council ancidapidaeval never famiga-ordered of bragar dita viralizating Diportheria.

occurred among the immates of eroom's Orghanage apread over the later pert of the year. I therefore decided that the introduction of the year. I therefore decided that the introduction of the station offered the best means of stamping it out. The Governors of the intitution readily sareed and we werefortunate in obtaining the assistance of Dr. Feter Martin of the Colchester subsidiary Laboratory, who carried out an extensive investigation and incomisted all the inmates.

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facilities.

A.R.F. personnel 45 Others 29 VX.

Sanitary Circumstances of the Area.

1 Water Supply.

The total quantity of water supplied during the year was 223,965,000 gallons a descrease of 22.4% on the figure for the previous year. The water was obtained from the following sources:-

Tendring Hundred Waterworks Co. 145,664,000
Great Bently Well 78,361,000
223,965,000 gallons

The water was maintained at full pressure, and there were no restrictions. Samples taken from the sources and from mains in the Town showed that the supply was of a high degree of bacterial purity. There were no extentions to the mains during the year, but larger mains to replace small old ones were laid in the following roads:

Marine Parade 558 yards
Beach Road 118 "
Holland Road 230 "

2 Sewerage and Drainage.

The Surveyor reports that owing to the restriction on expenditure because of the war, no new work was commenced during the year.

About 280 yards of surface water sewering was laid in Vereford Road and 175 yards in Holland Main Road under the contract in hand for the making up of roads in the Eastern part of Holland-on-Sea.

Over 1,000 yards of sewers were laid as part of the Western Drainage Scheme Contract (First Portion) including the 24 inch and 51 inch sea outfalls and the 51 inch pipe line between West Road and the sea wall bodering the golf course. It is intended that this portion of the scheme designed as a storm outfall in the complete scheme, shall operate for the time being as a foul sewer outfall to relieve the pressure on the existing sewerage system.

The constructional portion of the settlement tanks and sludge digestion scheme at Holland Haven Sewage Works is practically complete and part of the pumps and other machinery has already been installed.

Closet Accommodation.

Number	of	Privies in Clacton	Nil	
Number	of	Pail Closets	1117	
Number	of	Ceaspools	482	
Rumber	of	Wells	26	
Number	of	houses with Cesspools		
and We			35	
		Pail Closets converted		
		Cesspecls abolished		
		premises redrained and	connected	to
Public	3 8	ewer	2	

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Work of the Sanitary Department.

The following is a synopsis of the principal wors carried out by the banitary Department during the past year:

Eradications of Bed Bugs.

(a)	Number		Council					0
	83	55	11	11	(lisinfe	sted	0
	35	Ħ	other h	ouses	ins	spected		11
		22	11	88	dis	sinfest	ed. be	11
	Number	of	private	house	s di	sinfest	ed.	
							yanides)	0
			private					
			contra					0
	3 -			,				- Mindalana
				To	tel	Houses	disfsted.	. 11

In addition, 2 houses disinfested Lice Fleas

Methods Employed.

- (b) Stripping of skirting etc., where necessary, spraying with insecticides, fumigation with sulphur candle and other special fumigators. Steam disinfection of bedding.
- (a) We action has been required so far in respect of removal of tenants to council houses
- (d) The work has been carried out by Local Authority and by private contractor (See above)

Sanitary Administration.

Special Visits	2704
Special Visits re nuisances	239
Re-inspections, Ordinary	248
Re-inspections, Housing	61
Interviews with Owners, Builders etc.,	78
Piggeries inspected	- 18
Stables inspected	12
Smoke Observations	-
Cinemas inspected	***
Celluloid Regulations inspections	-100
Tents, Vans, Sheds, etc.	16
Preliminary Notices served	66
Statutory Notices served	2
Letters to Owners re nuisances	36
Premises at which nuisances abated: General	81
Premises at which nulsances abated: Housing	24
Emprovements following Preliminary Notices	100
Improvements following Statutory Notices	1.
Improvements without Notices	71

Infectious Disease.

- 6 cases Cerebro-Spinal Fever 2 cases Diphtheria
- 2 cases Scarlet Fever
- 45 rooms, bedding etc., disinfected 32 lots bedding steam disinfected
 - 2 lots clothing steam disinfected

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Infectious Diseases (cont)

4,000 blankets disinfected A.M.P.C.

9 Lots bedding disinfected A.M.P.C. 31 library books disinfected 1 library book destroyed

9 A.R.P. Vehidles disinfected

Milk and Dairies Orders.

16 Samples of Accredited Milk were submitted to the Bacterologist for examination.

of these, 5 samples of Accredited Milk failed to comply with prescribed conditions.

16 Samples of Ordinary Milk were submitted to the Bacterologist for examination as to the general cleanliness and the presence or otherwise of B. Coli.

of these, 7 samples were unsatisfactory in as much as they gave positive B. Coli results.

1 Sample of Pasteurised Milk submitted for examination.

1 Sample of T.T. Milk submitted for examination

All except two of the producers in this area hold Accreditted Licences.

There has been little cause for complaint in connection with production and distribution.

Water Analysis and Examination.

Samples taken :-

13 from Great Bently Pumping Station 7 from Town Supply

All the samples were found to be wholesome in character and suitable for drinking and domestic purposes.

Meat and Food Inspection.

The following visits were made :-

Slaughterhouse Butchers Shops 174 Restaurant Kitchens 2 Hawkers Premises 5

Inspected :-

410 carcases of Beef and Offal 33 carcases of Pork and Offal 1211 carcases of Mutton and Offal 174 carcases of Veal and Offal

All the slaughtering for this area is carried out at the Government Slaughterhouse, Old Road.

Co-operation by the Government Officials has resulted in smooth working and absence of friction.

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Meat and Food Inspection (cont.)

The following were found to be diseased, unfit for human food and destroyed.

Tubercular.

41 Beasts Lungs 3 Carcases Beef and Offal

13 Beasts Mesenteric Fats 2 Beasts Spleens
10 Beasts Livers 1 Beasts Heart
3 Beasts Heads 1 Pigs Lungs and Heart.

3 Beasts Heads

Other Diseases.

37 Beasts Livers 7 Beasts Lungs

2 carcases Beef and Offal 2 Beasts Heads

l Beasts Skirt 1 Beasts Spleen

4 Sets Tripe 5 Pigs Mesenteric Fats
1 Pigs Liver 1 Pigs Pluck
1 Pigs Lungs and Heart 1 Pigs Forehock
1 Leg Pork 26 Shesps Livers
3 Legs Lamb 2 Shoulders Lamb

1 Sheeps Kidney 2 lbs Beef Trimmings

7 tins Fruit, 2 tins Vegetables, 5 tins Fish, 3 tinned Hams, 1 Gemmon, 1 tin Corned Beef, 2 boxes Calves Sweetbreads (23 lbs Each) 2 bags Ox Sweetbreads (30 lbs each)

Public Cleansing.

Owing to evacuation of the civil population the amount of refuse for collection and disposal was considerable reduced. Refuse from Military Establishments and other Billets is received at the Disposal Works. Salvage work has been intensified with satisfactory results.

A total 2624 tons of refuse was collected at a net cost of approximately £1412 including depreciation and loan charges. Income from Trade Refuse was £105.

Collection is by rear loading mechanical vehicles. Disposal is by incineration and controlled tipping. 2851 tons were dealt with at a net cost of £850.

Income from the sale of Salvaged Material, clinker etc., was £450, Waste Paper, £434.

Port Sanitary Regulations.

No action was required during the year.

Meat and Food Inspection (cont.)

The following were found to be diseased, unfit for human food and destroyed.

Tubercular.

S Carcages Beef and Offel	Lungs	41 Beasts
2 Reasts Spleens	Mesenteric Fats	15 Beasts
1 Beaste Heart	Livers	LO Boasts
1 Pigs Lungs and Heert.	Reads	B Heasts

other Diseases.

Beasts Lungs carcases Beef and Offul Beasts Skirt	8	SV Beasts Livers 2 Beasts Heads 1 Beasts Splean
Pigs Mesenteric Pats Pigs Plack Pigs Rorehock Sheeps Livers Shoulders Lamb	E Heart 1 26	4 Sets Tripe 1 Pigs Liver 1 Pigs Lungs and 1 Leg Pork 5 Legs Lamb
los Beel Trimmings		1 Sheeps Kidney

7 tins Fruit, 2 tins Vegetables, 5 tins Fish, 5 tinned Amms, 1 Gammon, 1 tin formed Seef, 2 boxes Galves Sweetbreads (20 lbs Each) 2 bags Ox Sweetbreads (30 lbs each)

Public Cleansing

Owing to evacuation of the civil population of the amount of refuse for collection and disposed was considerably reduced. Fefuse from Militery Establishments and other Hillets is received at the Disposed works. Salvage work has been intensified with satisfactory results.

a total 2524 tons of refuse was collected at not cost of approximately field including depreciation and loss charges. Income from Trade Refuse was 1105.

Collection is by rear loading mechanical vehicles. Disposal is by incineration and controlled tipping. 2851 tons were dealt with as a net cost of 2850.

Income from the sale of Salvaged Material, elinier etc., was £450, Waste Paper, £454.

Port Senitary Regulations.

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Maternity and Child Welfare.

The total number of births notified during the year was 158, of which 70 were notified by medical practitioners and 88 by midwives. There were 5 still births. There were 12 midwives on the register of whom 5 were employed by the District Nursing Association, but owing to evacuation, 8 left the District, leaving 2 private midwives and 2 of the District Nursing Association's, who were taken over by the Essex County Council. The District Mursing Association's midwives attended 108 of the cases or 66%.

Analysis of Midwifery and Maternity.

	Midwifery	Maternity	Total
1 Domiciliary			
(a) District Nursing Assc.	60	19	79
(b) Independent Midwives	13	9	22
(c) Private Trained Nurses	-	3	3
(d) Untrained Women	-	1	1
2 Maternity Homes and Hospita	als T		
(a) Nursing Assn's Home	20	9	29
(b) Ellisdene Nursing Home	THE RESIDENT	25	25
(c) Waltham Nursing Home	3	1	4
(d) Clacton & District Hosy			-

Health Visiting.

The number of visits paid by the Health Visitor to children from birth to 5 years of age was 5,014. She also paid 22 visits as Infant Life Protection Visitor. At the end of the year there were no homes on the register and no boarded out children.

Orthopedics.

62 children received treatment for various conditions, making 110 attendances.

Ultra Violet Hay Treatment.

63 received treatment, making 1,181 attendances.

Dental Treatment.

There were 9 dental clinics with 68 attendances.

Eye Clinics.

There were 8, with 21 attendances.

Ante-Natal Clinics.

There were 204 expectant mothers on the register during the year and they made 573 attendances at the Doctor's clinics and 500 attendances at the Ante-Natal Clases.

Infant Clinics.

The attendances made by children under 5 years of age were 3,339.

Meternity and child Welfare.

Mond and Medicines.

Infant Foods, Oil and wilt, Virol etc., wore sold at cost price as in previous years. The total amount of fresh milk supplied free or at less than cost during the year 1940 was 10,741 pints which is a great advance on previous years. 125 has of Exited Milk were also supplied free.

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paring the early part of the year Clacton was a reception area end extra provision had to be made in two out-lying districts of the town for the attendances of evacuee children who made 462 attendances. They also had the same facilities as Clacton children for the provision of milk etc.

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Your shedlent Servant,

W. A. MILLIES.

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